

Before taking classes or workshops with Body Shop Movement Studio, all adult students and parents/guardians of kids under 18 must agree to the following Waiver and Release Agreement.

Waiver and Release Agreement

As the student taking classes or workshops with Body Shop Movement Studio (BSMS), I understand that Body Shop classes include physical movements and exertion. As is the case with any physical activity, the risk of injury, even serious or disabling, is always present and cannot be entirely eliminated. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in Body Shop classes, whether in-person or online. I represent and warrant that I am in good health and physical condition and I have no medical condition which would prevent my full participation in Body Shop classes, whether in-person or online. In addition, I will make the instructor aware of any medical conditions or physical limitations before class.

If I am pregnant, become pregnant or I am post-natal or post-surgical, my signature below verifies that I have my physician's approval to participate. In consideration of being permitted to participate in Body Shop classes, whether in-person or online, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the program. In further consideration of being permitted to participate in Body Shop classes, whether in-person or online, I expressly irrevocably release and waive any claims that I have now or may have hereafter for any reason against Body Shop Movement Studio LLC, its owners, employees and independent contractors, for injury or damages that I may sustain as a result of participating in a Body Shop class, whether in-person or online.

For Parents Registering Children for Classes or Workshops: I am the parent and/or guardian of the minor child/children for whom I am registering. I have read this release and permission and fully understand its contents, and I have the full right and authority to execute this release and permission.

Photos: I may be photographed/videoed while at the studio and these photographs may appear in Body Shop promotional materials unless otherwise specified. No person whose photograph is used will be identified by name, nor will any compensation be extended for such use.

